



Fellowship in Mood and Anxiety Disorders

BC Children's Hospital

Full Time Fellowship (1 year) – Start Date between (July-October 2021)

Mental Health and Concurrent Disorders

The UBC Department of Psychiatry is inviting eligible candidates to apply for a full-time Fellowship in ***Mood and Anxiety Disorders***.

The University of British Columbia (UBC) is a global centre for research and teaching. Surrounded by the beauty of the Canadian West, UBC embraces bold new ways of thinking that attract exceptional students and faculty. It is a place where innovative ideas are nurtured in a globally connected research community, providing unparalleled opportunities to learn, discover and contribute.

Faculty members, students, staff and alumni in the UBC Faculty of Medicine are actively engaged in innovative, leading edge research, education and community service on university and hospital campuses across the Province. Together we aim to create knowledge and advance learning that will make a vital contribution to the health of individuals and communities, locally, nationally, and internationally.

Who the Fellow will work with and what will be the core of their work:

The fellow will work closely with their primary supervisor and other team members in the mood and anxiety disorders clinic including child and adolescent psychiatrists, clinical psychologists, social worker, graduate students, and research assistants. The fellow will participate in weekly team meetings and will have opportunities for involvement in assessment, treatment, community consultation, teaching and mood and anxiety disorders research.

Details of the clinical/research training experience:

Clinical training experiences include diagnostic assessments, individual and group-based treatment approaches for mood and anxiety disorders. Particular focus areas within the clinic include mindfulness-based parenting programs for childhood anxiety as well as cognitive behavioural groups for children and parents including mindfulness components for parents. Specialized parent-child interaction therapy-informed group selective mutism treatment is another area of expertise for the clinic, as is comprehensive treatment for school refusal. We regularly run CBT groups for teen social anxiety and childhood anxiety, as well as interpersonal therapy groups for teen depression. Additional opportunities would include participation in mindfulness groups for teens with mixed depression and anxiety. We also work closely with other subspecialty clinics such as OCD and neuropsychiatry and there would be opportunities for collaboration across clinics in areas of shared expertise. Community outreach and development of educational materials is another area of focus of the clinic.

Research opportunities include evaluation of existing clinical services, participation in an ongoing group treatment evaluation study for selective mutism, the opportunity to evaluate parent and child factors that moderate treatment outcome, and other projects of interest.

Specific questions related to this fellowship opportunity can be directed to Dr. Rosalind Catchpole, Psychologist and Clinic Head (rcatchpole@cw.bc.ca).



To apply for this rewarding career development opportunity, please forward a letter of intent (maximally two pages), accompanied by a detailed curriculum vitae and names of three references to:

Dr. Martha J. Ignaszewski

martha.ignaszewski@cw.bc.ca

Director, Postgraduate Training, Child and Adolescent Psychiatry, BC Children's Hospital

Applicants will have a medical degree and successful completion of a MD Residency Training Program &/OR a PhD in mental health or related fields. Applicants must be eligible for licensure/registration with the relevant health professions college (ie. College of Physicians and Surgeons of BC, College of Psychologists of BC).

Applications will be accepted until January 31, 2021

Salary will be commensurate with qualifications and experience. This position will operate out of the Children and Women's Mental Health and Concurrent Disorders at BC Children's Hospital.

UBC hires on the basis of merit and is committed to employment equity. All qualified persons are encouraged to apply. UBC is strongly committed to diversity within its community and especially welcomes applications from visible minority group members, women, Aboriginal persons, persons with disabilities, persons of any sexual orientation or gender identity, and others who may contribute to the further diversification of ideas. However, Canadian and permanent residents of Canada will be given priority.