

NUTRITION RESEARCH STUDY WITH CHILDREN



Corn is a staple food around the world. It is a good source of many nutrients, except lysine. Lysine is an essential amino acid needed for growth and development. We want to measure how much lysine is available from oats and black beans.

WE ARE LOOKING FOR

- Healthy children
- 6 – 10 years old
- Normal weight
- Boys and Girls



FOR WHAT?

- Screening meeting for 1 hour at BC Children's Hospital
- 9 visits (8 hour each) where the children will be given a special diet
- We will take breath and urine samples
- Measure body size and muscle mass

Compensation, parking, and transit passes will be offered

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